

**Crisis
Skylight
Birmingham**



NEW TERM NEW START

Find out what you can
do at Crisis Skylight
this winter

Winter Term
9 January to 30 March

Homelessness ends here

Crisis

Welcome to Crisis Skylight

Crisis Skylight is an award winning and accredited education, training and employment centre, offering practical and creative workshops in a supportive and inspiring environment together with formal learning opportunities that lead to qualifications and can help you to find work.

Get guidance

When you first arrive at Crisis Skylight we will ask you some questions and set you in the right direction to achieve your goals.

Get creative

You can choose from a wide range of courses including art, music, drama, design and photography.

Get qualifications

Courses leading to qualifications include Literacy, Maths and SmartSkills.

Get skills

Our skills workshops include IT, life skills and cookery.

Crisis Employment Services

Our dedicated employment team can help you to prepare for, to find and sustain employment.

Crisis Women's Zone

Women only classes such as visual arts.

Contents

Information5

Map of Crisis Skylight6-7

Course descriptions 8-11

Get skills8
Get qualified 10
Get creative..... 10
Crisis Employment Services 12

Daily timetables 14-19

Monday 14
Tuesday 14
Wednesday 16
Thursday 16
Friday 18

Your personal timetable20

Information

Term times

The Crisis Skylight Winter Term runs from 9 January to 30 March. Please bear in mind that all courses and activities within this timetable are subject to availability and may change at any time.

Winter Term	9 January to 30 March
-------------	--------------------------

Opening hours

Monday to Friday	9am - 8.30pm at various partner organisations around the city
------------------	--

Contact us

General enquiries	0121 348 7950
Timetable enquiries	07876 295 039
Arts	07876 262 925
Basic Skills	07876 295 038
SmartSkills	07876 282 427
	07876 272 429
Work and Learning	07876 272 329

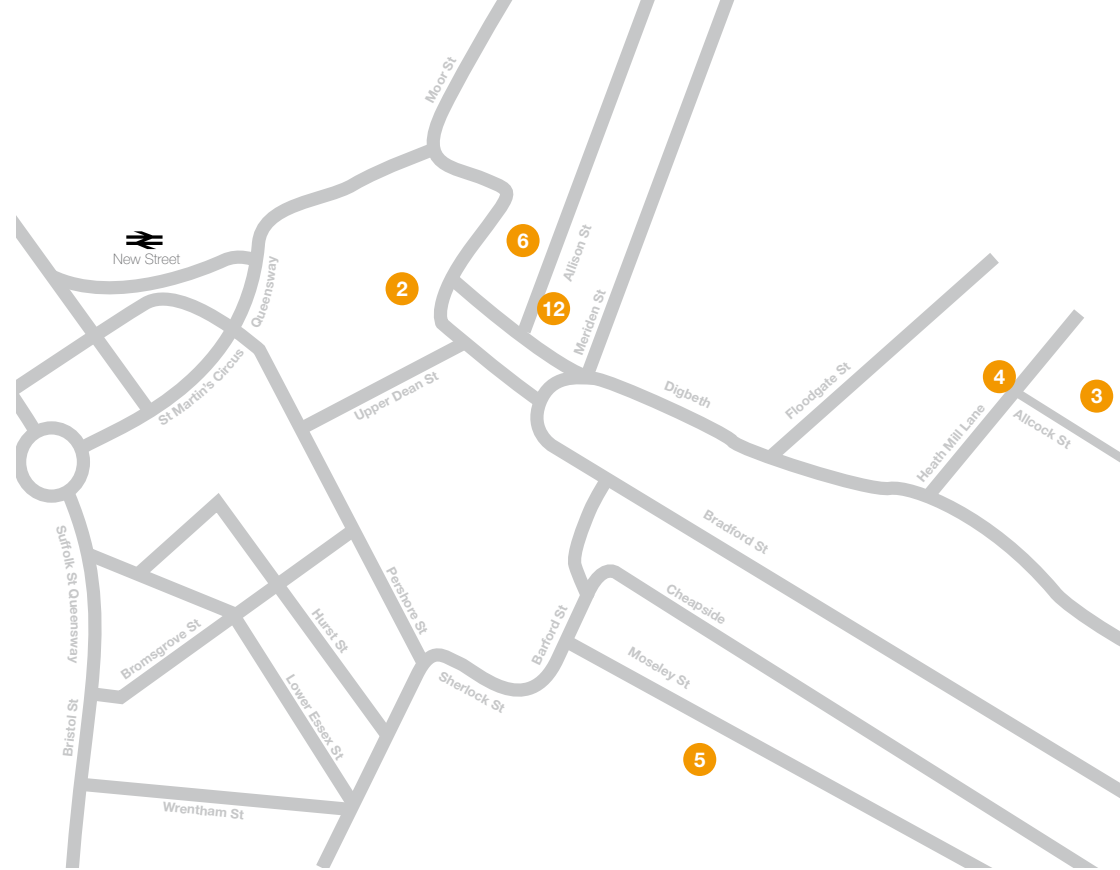
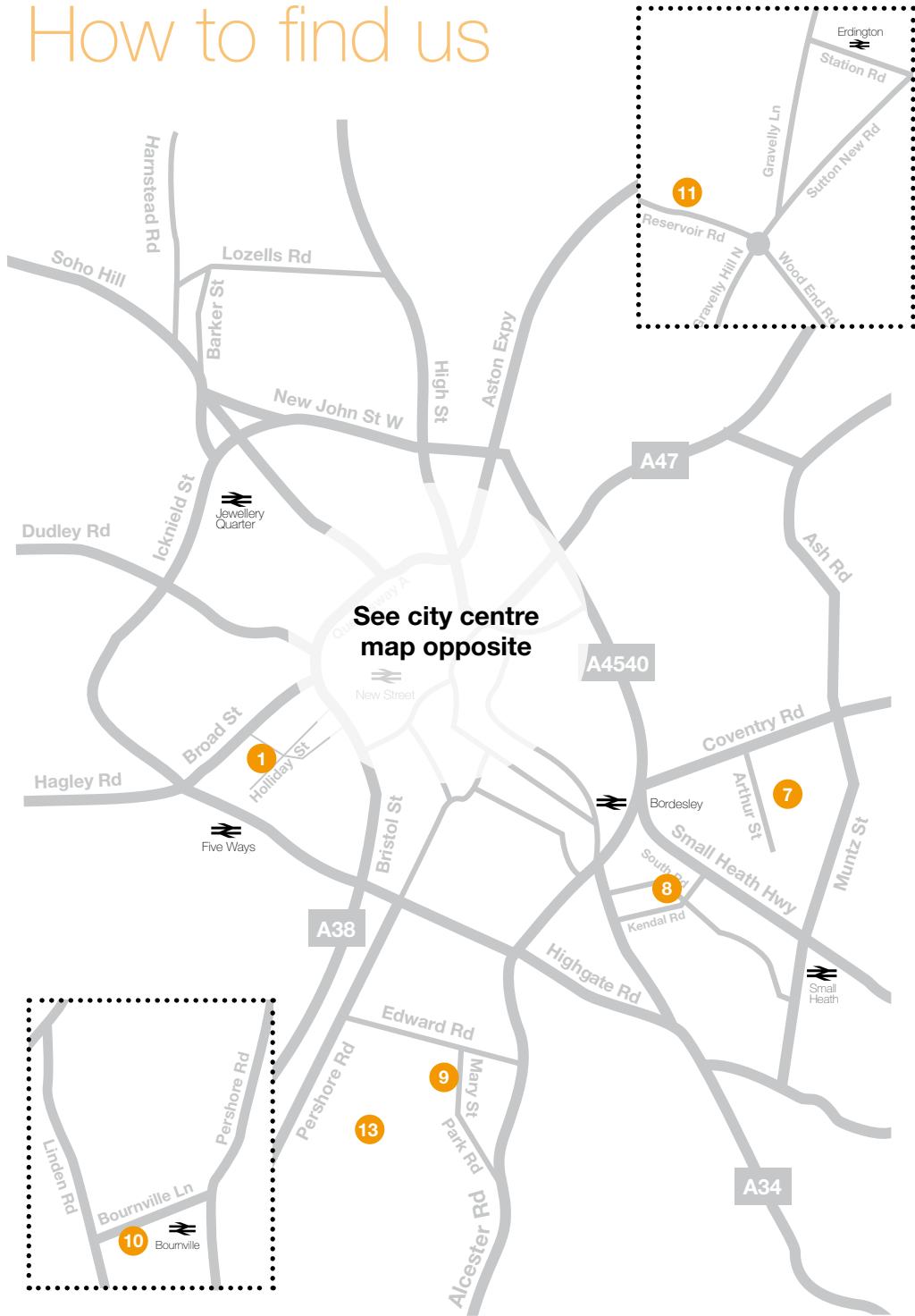
Code of conduct

Crisis asks all members to observe and adhere to the following guidelines and standards of behaviour:

- Participate in workshops and have a positive attitude towards learning.
- Treat everyone with equal respect, courtesy and consideration.
- Under no circumstance to display racist or sexist behaviour or language.
- To respect the building and share resources and not take them out of Crisis Skylight.
- To respect confidentiality in a group setting.
- Under no circumstances to possess or be under the influence of alcohol or drugs.
- Under no circumstances to engage in any illegal or offensive activity.
- Under no circumstances to display abusive or aggressive behaviour towards anyone at Crisis.
- Smoking is not permitted anywhere in the building.

If any of these guidelines are ignored, a discussion with a staff member will take place. You may be asked to leave for the day or have your membership suspended.

How to find us



- 1 Trident
Holiday Street, (Off Broad Street), B15 1UG
- 2 St Martins Church (DeBirmingham Room)
Next to the Bullring Market and Selfridges
B5 5BB
- 3 SIFA Fireside
48-52 Allcock Street, B9 4DY
- 4 Access To Music
Heath Mill Studios, 68 Heath Mill Lane,
Digbeth, B9 4AR
- 5 St Anne's Hostel
Park View, 113A Moseley St, B12 0RY
- 6 Allison House
Allison St, B5 5TH
- 7 St Basils
Carole Gething House
62 Arthur Street, Small Heath, B10 0NJ
- 8 South Road House
10 South Road, Spark Brook, B11 1ER
- 9 Anawim Balsall Heath
228 Mary Street, Balsall Heath, B12 9RJ
- 10 Business in the Community (BITC)
83 Bournville Lane, B30 2HP
- 11 Birmingham YMCA
301 Reservoir Rd, Erdington, B23 6DF
- 12 Friends of the Earth
The Warehouse, 54-57 Allison Street, B5 5TH
- 13 MAC
Cannon Hill Park, Birmingham
B12 9QH

GET SKILLS

IT

Giving you the confidence to be part of the information super highway.

When: Wednesday, 1.30-4pm

Where: Trident House

Tutor: Richard

Cookery

Learn about cooking dishes from around the world. Develop skills in budgeting for meals and using a range of foods. Can lead to an NOCN qualification in domestic cookery.

When: Monday 2-4pm

Where: YMCA

Tutor: Lorraine

Bonkers Logic (new for Winter 2012)

Test your skills in logic and maths through a series of puzzle and team based activities and build your brain power week by week!

When: Wednesday, 10.30-12pm

Where: SIFA

Tutor: Lorraine

Life Coaching

Improve the quality of your life, develop self awareness and gain clarity about what you want your future to be. A flexible series of workshops tailored to the individual.

When: Wednesday, 11am-3pm

Where: Outreach

Tutor: Amrita

Personal Development (new for Winter 2012)

Come and deepen your knowledge of your existing skills and develop new ones. Learn decision making and positive thinking and put it into action. Support and guide in each other in a great group atmosphere.

When: Thursday, 1-3pm

Where: Anawim

Tutors: Suzanne

More for your Money (new for Winter 2012)

Helping you to make your money go further. Seeking out bargains, finding value for money and squeezing every last penny in your budget.

When: Monday, 10.30-12pm

Where: Sifa

Tutor: Richard

IT Magazine

Giving you the confidence to be part of the information super highway.

When: Monday, 1.30-4pm

Where: SIFA

Tutors: Suzanne and Richard

Basic Skills

Gain confidence and skills in basic English and Maths

When: Tuesday, 10-4pm

Where: Outreach

Tutor: Lorraine

Music, DJ skills and podcasting

When: Tuesday, 6.30-8.30pm

Where: Access to Music

Tutors: Peter and Mel

DJ skills

Learn how to mix, scratch and beat match.

When: Thursday, 6.30-8.30pm

Where: YMCA

Tutor: Mel

Family Relationships

Work in a supportive group atmosphere to study the changing nature of families in modern times. Look at your own role as a family member and how this changes throughout life. Predict and understand common family problems and create a plan for the future to better fulfil your family's needs.

When: Friday, 1-3pm

Where: Addaction

Tutor: Suzanne

KEY

 Get advice

 Get healthy

 Get creative

 Crisis Women's Zone

 Get skills

 Get qualified

 Crisis Employment Services

GET QUALIFIED

English and Maths

This course is for learners who want to improve their speaking, listening reading and writing around the subjects of work and life, leading to a qualification.

When: Monday, 10.30am - 12.30pm

Where: Trident

Tutor: Lorraine

Smart Skills (new for Winter 2012)

Get one-to-one coaching on the SmartSkills programme which leads to a NOCN qualification.

The programme has been designed by Crisis to support adults to develop the skills, confidence and aspirations to move into education and towards employment.

When: Various, see timetable

Where: Various, see timetable

Tutors: Richard

ESOL

Improve your English as a second language

When: Wednesday, 1-3pm

Where: SIFA

Tutor: Kasia

GET CREATIVE

CREATIVE ARTS

Drama and technical theatre

The drama group would like to invite new performers to join them in working towards a performance in April. Come and learn skills in acting, improvisation, scriptwriting and performance. Rehearse and perform to an invited audience. This term we will be working on a series of monologues and duologues, some written by us! All enhanced by learning technical theatre.

When: Tuesday, 1.30-3.30pm

Where: SIFA

Tutor: Pam and Suzanne

Sculpture (Stone carving)

This class will enable you to get creative in 3D. Make imaginative and bespoke sculptures using simple tools to carve into soft stone blocks.

When: Tuesday, 10am-12 noon

Where: Anawim

Tutor: Pam

Sculpture (clay)

Using malleable clay explore different sculpture techniques using your hands or wood sculpting tools to make what ever symbolic or abstract designs your imagination brings forth.

- Explore clay sculpture techniques.
- Create life like casts of your hands, feet or face using plaster.
- Make imaginative and bespoke art works using recycled objects.

When: Monday, 2 - 4 pm

Where: Friends of the Earth

Tutor: Pam

Big Paint

Is an opportunity to learn different painting, drawing and decorative skills and generate large scale art works.

When: Monday 10am - 12 noon,

Where: Friends of the Earth

Tutor: Pam

Light boxes

Using photography, drawing, painting and sculpture you can make your own art work or notice that illuminates and brightens up any environment. A light box is like a TV but with what you have to say on it.

When: Friday, 10.30am - 12 noon,

Where: SIFA

Tutor: Pam

Photography

When: Friday, 2-3pm

Where: MAC

Tutor: Pam

Photoshop

When: Friday, 3-5pm

Where: MAC

Tutor: Pam

You'll quickly discover how to:

- Edit and improve old photos.
- Use a variety of filters and effects to make unique digital art.
- Create digital photo albums and family collages
- Design post cards, flyers and posters.

Mixed Media

Learn how to create visual artwork by combining different artistic methods such as sculpture, collage, painting and drawing

When: Friday, 1-2.30pm

Where: SIFA

Tutor: Rachel

Arts with Rachel

When: Friday, 10-12pm

Where: WAITS (closed group)

Story Sacks

In this class mums are encouraged to create inspiring toys, instruments and artefacts for children of all ages to play with. The idea is to create a variety of inspiring objects that can be stored in a sack, the child can choose one and together mother and child can create a story around the toy. This activity will encourage good behaviour, play, creative thought and strengthen maternal bonds.

When: Wednesday, 10am-12 noon

Where: Ashram

Tutor: Pam

KEY

 Get advice

 Get healthy

 Get creative

 Crisis Women's Zone

 Get skills

 Get qualified

 Crisis Employment Services

Crisis Employment Services

Employment services with Sharon and Donna

If you are registered with Crisis Skylight, speak to your tutor to be referred to Crisis Employment Services.

If you are not registered with Crisis Skylight, ask your support worker to refer you to Crisis Skylight Birmingham.

You will be assigned a dedicated coach, who will provide motivational support and quality information, advice and guidance to help you gain the training and skills to get the job you want.

Support available:

- 1:1 motivational support
- Help creating or updating CVs
- Preparing for interviews
- Effective job search techniques

Employment workshop

This course will enable learners to understand and develop employability skills, to build confidence and to assist the learners in becoming job-ready. The series of workshops will take you through a number of activities and exercises to bring you closer to getting that job!

Employment Support

When: Wednesday, 10am-12pm

Where: South Road

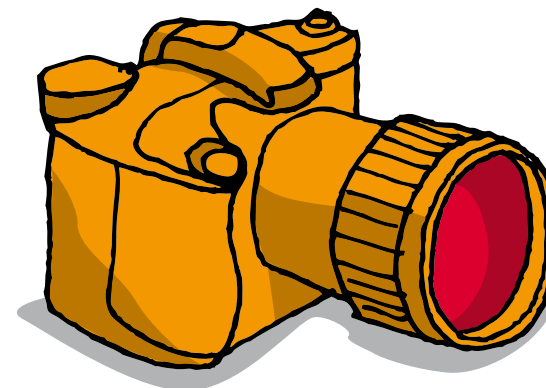
Employability Skills

When: Thursday, 10am-12pm

Where: YMCA

Tutor: Donna

Crisis Skylight Birmingham



Photography

When: Friday 2-3 pm

Develop your ideas using digital imaging and photography.

Produce a portfolio of projects using different techniques.

Please call Skylight Birmingham on 0121 348 7950 for more information.

Crisis Skylight Birmingham

Courses at MAC Digital Suite, Cannon Hill Park, Birmingham, B12 9QH

www.crisis.org.uk

Registered Charity Numbers: E&W1082947, SC040094

KEY


 Get advice

 Get healthy

 Get creative

 Crisis Women's Zone

 Get skills

 Get qualified

 Crisis Employment Services



Homelessness ends here

Crisis

Monday

	9.30	10.00	10.30	11.00	11.30	12 noon	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30	8.00	
St Anne's:																							
Trident House			English and maths LF																				
Anawim BH																							
Friends of the earth		Big Paint PG								Sculpture PG													
SIFA			More for your money RP																				
SIFA								IT/Magazine SB/RP															
South Road																							
St Basil's																							
South Birmingham																							
YMCA										Cookery LF													
Ashram																							

Tuesday

	9:30	10.00	10.30	11.00	11.30	12 noon	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30	8.00		
St Anne's:																								
Trident House																								
Anawim BH		Stone Sculpture PG																						
Friends of the earth																								
Sifa		Smart Skills RP								Drama and technical theatre PG/SB														
SIFA																								
South Road																								
St Basil's																								
South Birmingham college																								
YMCA																								
Ashram																								
Outreach		Basic skills LF																						
Access to Music																							Music, DJ skills and podcasting (ends 8.30)	

KEY

	Get advice		Get healthy		Get creative		Crisis Women's Zone
	Get skills		Get qualified		Crisis Employment Services		

Wednesday

	10.00	10.30	11.00	11.30	12 noon	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30	8.00	
St Anne's:																						
Trident House																						
Trident House									IT RP													
Anawim BH																						
St Martin's church																						
SIFA		Bonkers Logic LF					ESOL with Kasia															
South Road	Employment support																					
St Basil's																						
Dance Exchange																						
South Birmingham College																						
YMCA																						
Ashram	Story Sacks PG																					
Outreach		Life Coaching AB																				
Addaction																						

Thursday

	10.00	10.30	11.00	11.30	12 noon	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30	8.00	
St Anne's																						
Trident House																						
Trident IT suite																						
Anawim							Personal Development SB															
St Martin's church																						
SIFA																						
South Road									Smart skills RP													
St Basil's																						
South B'ham College																						
YMCA	Employability Skills															DJ skills with Mel						
Allison House	Smart skills RP																					
Ashram																						
MAC																						

KEY

	Get advice		Get healthy		Get creative		Crisis Women's Zone
	Get skills		Get qualified		Crisis Employment Services		

Friday

	10.00	10.30	11.00	11.30	12 noon	12.30	1.00	1.30	2.00	2.30	3.00	3.30	4.00	4.30	5.00	5.30	6.00	6.30	7.00	7.30	8.00	
St Anne's training room		Smart Skills RP																				
Trident House																						
Anawim BH																						
St Martin's church																						
SIFA		Light Boxes PG					Mixed media with Rachel															
South Road																						
St Basil's																						
Ashram																						
Addaction							Family Relationships SB															
St Martin's church							Smart skills RP															
WAITS	Arts with Rachel (WZ)																					
MAC									Photography		Photoshop											

KEY

	Get advice		Get healthy		Get creative		Crisis Women's Zone
	Get skills		Get qualified		Crisis Employment Services		

**Crisis
Changing
Lives**

Crisis

SEIZE THE OPPORTUNITY

Find out how a grant from Crisis could change your life for good.



Crisis Changing Lives is a national grants scheme which helps homeless and ex-homeless people achieve their educational and career goals by awarding grants of up to £2,500 to pay for course fees, work clothes and tools, or to help set up a business.

To find out how to apply visit www.crisis.org.uk/changinglives or call 0300 636 1967



Podcasting

**When: Tuesday 6.30pm - 8.30pm
with Pete**

This class is a step by step guide to making a radio show on the internet.

Please call Skylight Birmingham on 0121 348 7950 for more information.

Crisis Skylight Birmingham

Courses at Access to Music, Heath Mill Lane, Digbeth, Birmingham, B9
www.crisis.org.uk

Registered Charity Numbers: E8W1082947, SC040094

Homelessness ends here

Crisis

Crisis

in partnership with



Crisis Skylight Birmingham,
PO BOX 15850,
Birmingham B9 9HL
Tel: 0121 348 7950
Registered Charity Numbers:
E&W1082947, SC040094