Get creative in lockdown. Let your imagination run free. Lose your inhibitions in writing poetry. Contribute to 'Making It'!

# Week 1- My Why



Write 'My Why' at the top of a page, then write a list or paragraph answering any of these questions:

- Why are you valuable to the world?
- Why are you special?
- Why are you beautiful?

# Example:

I am funny.

I have beautiful brown eyes.

I like to help people.

#### Extra:

Make your list or paragraph into a poem.



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#### Week 2- I Am



Write a poem – as long or short as you want – using the words 'I am' as your starting point.

## This can either be a *list poem*:

I am a short cup of hot chocolate.

I am a laugh that vibrates through your ears.

I am Croydon.

I am coiling ebony hair.

## Or a free write poem broken up into stanzas:

I am the isle of spice,

nutmeg gleaming on tongues, setting of taste of vegetation so rich it nourishes every part so you can jump up unashamedly to Soca

then jump out your chair in adulation, cheering on Kirani.

I am green land of hardships and shining sun, washed in waterfalls, dressed in stunning landscapes...

#### Extra:

Collect various materials and images relating to your poem to create a collage that accompanies the poem or you can stick the words on.



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## **Week 3- Making It Acrostic**



An **acrostic poem** is where the first letters of each line spell out a particular word or phrase. Create your own acrostic poem using **'Making It'**. It could be about your future ambitions, making it in the world right now, or your thoughts on the phrase 'Making It'.

## **Examples:**

My future is uncertain but bright
A ticking tock in my mind
Knowing a sunny day is definitely coming
I smile widely
Not allowing this rain to get me down
Getting ready for pink and orange to rise

It's gonna be a lovely day
The moment I see my name on that front page.

Making It
Aprons embroidered
Knotted wire
In song
Night time photography
Green ceramics

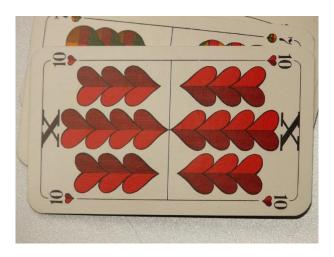
Ink washes
Trying poetry

#### Extra:

Write an acrostic poem using your full name.

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## Week 4- Future Self



Imagine you are **10 years in the future** and have made it (whatever that means to you). **From the future, write a letter to your current self** in the form of a poem. Make it an uplifting letter of encouragement, reminding you to keep going until you make it.

# Example:

My Darling Shaniqua,
Keep pushing on cos you're gonna make it
Do things beyond your wildest dreams,
Inspiring and empowering lives
Writing more books than you imagined.

#### Extra:

Collect various materials and images relating to your poem to create a collage that accompanies the poem or you can stick the words on.



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## Week 5- What If



Let your imagination run wild, thinking about all your wishes, dreams, future ambitions and career aspirations. What if they could all come true? What if you could do everything you wanted to do? What if you could make the impossible happen? Capture this in a poem.

## First- Free Write

Set a timer to 2 minutes. Starting with the phrase, 'What if...' free write for 2 minutes until the timer runs out. Write whatever comes to your head about your wishes, dreams, future ambitions or career aspirations from the phrase 'What if', not taking your pen off the page unless you are putting a space between words.

#### Second- Underline

Underline any key words or phrases that stand out to you from the free write to help form your poem.

#### Third- Write the Poem

Write a poem starting with the words 'What if' using the **underlined** key words and phrases from your free write. If it is easier, begin every two/three/four lines with 'What if' or begin every stanza with 'What if'.

#### Extra:

Collect various materials and images relating to your poem to create a collage that accompanies the poem or you can stick the words on.