### **Mental/Physical Health**

#### **Alcohol/Substance Misuse** NHS Brent NHS North West London Life transformed **Central and** NHS North West London Look Ahead **NHS Foundation Trust** Central and North West London CARE. SUPPORT AND HOUSING EACH **NHS Foundation Trust** Homelessness pataway Healthcare for homeless people St Mungo's mind Ashford **Brent** Rebuilding lives Thames Reach Crisis Brent, Wandsworth Place and Westminster Brent DEPAUL **Offending History** A **VRC** Groundswell CARIDON Out of homelessness CHANGING WOMEN'S LIVES National catch Probation Service Hestia galop nia WORKING CHANCE St Mungo's Ending homelessness Rebuild Southall Black Sisters Ĩ. pliasresettleme advance advance Brent the vital link ∣K**√∕**RO SAVING LIVES CHANGING LIVES SAVING LIVES WOMEN'S RIGHTS ORGANISATION CHANGING LIVES

# Mental/Physical Health

Services	Access Point	
<ul> <li>NHS CNWL:</li> <li>Mental, physical and sexual health services.</li> <li>Community services</li> <li>Mental health connectors</li> </ul>	300+ health services accessed via approach or referral	-
<ul> <li>Brent Council, Brent Health Matters, NHS Brent:</li> <li>Advice line for non-clinical health and social care queries, signposting to service providers and advice for health condition management</li> <li>Community forum addressing health inequalities</li> <li>Advice on access to GP registration, immunisation &amp; vaccination information and signposting to partner agencies</li> </ul>	Advice line 020 8102 3456 open Monday to Friday, 9am to 5pm. Email: <u>BrentHealthMatters@brent.gov.uk</u>	-
<ul> <li>Look Ahead:</li> <li>registered care services</li> <li>supported accommodation, crisis and recovery houses</li> <li>day centres and support workers</li> <li>hospital discharge support + medication support</li> </ul>	North Surrey floating support and Tower Hamlets complex needs support accept self- referrals Online enquiry forms for agency referrals:	-
<ul> <li>Pathway:</li> <li>support with services and advice on housing, benefits, medications</li> <li>complex care planning, referrals and help with GP registration</li> <li>fresh clothes, shoes and other basics, help to recover documents</li> <li>help to reconnect with loved ones</li> </ul>	Referrals - Look Ahead Based in hospitals in NW London@ <u>Teams -</u> <u>Pathway</u>	
<ul> <li>Ashford Place:</li> <li>dementia projects</li> <li>online and in person activities and face-to-face support with mentors and befrienders</li> <li>GP, counselling, social prescribing services</li> <li>Laundry and shower facilities</li> </ul>	What's on   Ashford Placeget in touch for events/programsGeneral Help & Advice   Ashford Placecontact numbers and pop-up sessions	
<ul> <li>BWW Mind:</li> <li>Community hubs in Pimlico, Tooting and Cricklewood with skills activities.</li> <li>Suicide prevention and postvention workers</li> </ul>	020 7259 8100 <u>hello@bwwmind.org.uk</u>	

### **Barriers**

Lack of awareness

Lack of support services for specific health issues

Lack of dual diagnosis

Lack of culturally specific support

### **Alcohol/Substance Misuse**

Services	Access Point	
<ul> <li>NHS CNWL:</li> <li>Club drug clinic for residents of H&amp;F, K&amp;C or Westminster</li> <li>HYPE and ARC – Hounslow drug and alcohol services for workshops/activities/advice</li> <li>Recovery intervention services Ealing – short-term treatment</li> <li>Work in partnership with WDP and B-3</li> <li>Recovery Day Program</li> </ul>	Referral process varies by service: <u>Addictions</u> <u>and Substance misuse :: Central and North</u> <u>West London NHS Foundation Trust</u> <u>(cnwl.nhs.uk)</u>	- Ma sup - Usii cop exp issu pec
<ul> <li>WDP - New Beginnings:</li> <li>Advice, support and 1-2-1 keyworking</li> <li>Needle exchange and harm reduction services</li> <li>Groupwork incl. women only and LGBTQ+ spaces</li> <li>Inpatient and outpatient detox</li> </ul>	Self-referral via phone or in person and third- party referrals accepted – 03003034611 24 hour helpline: 0800 107 1754 97 Cobbold Road and Willesden Centre for Health, Harlesden Road	rec
<ul> <li>B-3:</li> <li>BSAFE (Brent Social Access for Everyone) out of hours weekend drop-in service – Saturdays 12pm-5pm</li> <li>Recovery champions course 4x per year</li> </ul>	Drop-in at 97 Cobbold Road. Express interest in course by contacting Radha Allen or keyworker can refer in	
<ul> <li>EACH (Ethnic Alcohol Counselling in Hounslow):</li> <li>Brent Reach – support Brent residents to sustain tenancy</li> <li>Brent women and families floating support</li> <li>Hospital stepdown resettlement support</li> </ul>	brentreachrefferrals@thamesreach.org.uk eachwaf@eachcounselling.org.uk	
<ul> <li>IPS Works – employment support for BME Brent residents aged 25+ unemployed for 1 year+ with MH issues</li> <li>Real Talk – support for young people affected by substance misuse, gangs or knife crime and their families</li> </ul>	ipsworks@eachcounselling.org.uk realtalk@eachcounselling.org.uk	

#### **Barriers**

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Ising alcohol/substances may be a

oping mechanism for people

xperiencing homelessness – housing

sues may need to be tackled before

eople are willing to engage with

ecovery services



Services	Access Point	
AWRC (Asian Womens Resource Centre):	Referrals   AWRC   Women's services Brent	-
<ul> <li>Multi-lingual DA support services incl. for people with NRPF</li> </ul>	Welfare advice Brent   Women's services Brent	-
<ul> <li>Support groups, workshops, community engagement activities</li> </ul>	(asianwomencentre.org.uk) online self and third	-
	party referrals	-
Hestia:	Cove - Brent Hub Community Enterprise Centre,	
<ul> <li>Brent cove drop-in centre 2-10pm Monday-Sunday for MH issues</li> </ul>	6 Hillside	-
<ul> <li>Modern slavery response</li> </ul>	Refuge self-referral 0808 169 9975 Mon-Fri	-
<ul> <li>Refuge and IDVA services</li> </ul>	10am-4pm	-
	Housing needs assessment application:	
Brent Council:	Domestic abuse and housing options   Brent	-
VAWG team	Council or 020 8937 2000. Agencies can	
<ul> <li>Specialist DA team within housing options</li> </ul>	complete duty to refer <u>Duty to Refer   Brent</u>	
	Council or request same-day assessement	
NIA:	Several contact numbers - Contact us - NIA	
<ul> <li>East London Rape Crisis Helpline</li> </ul>	Ending Violence Against Women and Girls	
<ul> <li>Counselling and advocacy</li> </ul>	(niaendingviolence.org.uk)	
<ul> <li>Refuges and outreach services</li> </ul>	(maendingviolence.org.uk)	
Advance:	Women's centres in Hammersmith, Finsbury	
<ul> <li>IDVA support and advice</li> </ul>	Park and Stratford	
<ul> <li>Women's centres with workshops and activities</li> </ul>	Call 07398454898 or referral via GP	
Crysalis one-stop-shop	One-stop-shop Tuesdays 9:30am-12:30pm	
LAWRS (Latin American Womens Rights Service):	Creche booking - 020 7336 0888	
Free creche support		
<ul> <li>Advice and guidance in English, Spanish and Portuguese</li> </ul>	Helpline – 08081454909	
Helpline Mon-Fri 11am-1pm		
<ul> <li>Language café – informal conversation course</li> </ul>	Language café - 07708 133886	
IKWRO (Iranian and Kurdish Womens Rights Organisation):		
<ul> <li>Advocacy and IDVA services</li> </ul>	Refer clients via online form or client's can	
<ul> <li>Refuge for Middle Eastern, North African and Afghan Women.</li> </ul>	contact <u>https://ikwro.org.uk/referral-form/</u>	
Free counselling		
Galop:		
<ul> <li>LGBTQ+ Helplines for DA, conversion therapy and hate crime</li> </ul>	Self or third-party referrals <u>Make a referral -</u>	
<ul> <li>Advocate services and online anonymous survivors forum</li> </ul>	Galop the LGBT+ anti-abuse charity - Galop	
Southall Black Sisters:		
	Contact helpline 9am-5pm Mon-Fri 020 8571	
<ul> <li>IAG in English, Hindi, Punjabi, Gujarati and Urdu + interpretation</li> <li>Access to logal advise and representation, councelling and support groups</li> </ul>	9595	
<ul> <li>Access to legal advice and representation, counselling and support groups</li> </ul>		

#### **Barriers**

Fear of repercussions if abuser finds out Denial of situation Lack of awareness of services Lack of opportunity to contact services due to coercive control Digital exclusion Difficult to trust Saviour approach may belittle those wanting support Leaving prostitution is difficult for those working at home – may be forced out of their homes.

# **Offending History**

Services	Access Point	
<ul> <li>National Probation Service:</li> <li>Statutory criminal justice service supervising high-risk offenders released into community</li> </ul>	Mandatory service – probation officer assigned upon release from prison	- 1 r s
<ul> <li>St Mungos:</li> <li>Prison and community based advice</li> <li>Accommodation for ex-offenders</li> <li>HARP connect (housing, advice, resettlement, prevention)</li> </ul>	In-prison access. Connection to other community/housing service via outreach in Westminster	
<ul> <li>Plias:</li> <li>Positive turnaround – employment support</li> <li>3C – care, connect, community – homelessness assistance</li> <li>Global Thinking – young women's diversionary project to prevent gang related and violent crime – ages 10–25</li> <li>Phoenix project(P&amp;Act) – BAME support and advocacy service for DA and sexual violence</li> </ul>	Self-referrals and agency referrals <u>P&amp;ACT Project – PLIAS Resettlement</u>	
<ul> <li>Catch 22:</li> <li>Offender management, rehabilitation and gangs work in prisons and community</li> <li>Victim support services</li> <li>Future pathways – employability programme</li> </ul>	Future pathways – self or third-party referral via email <u>employability@catch-22.org.uk</u>	
<ul> <li>Advance:</li> <li>London Minerva WrapAround Services – 1-2-1 support, keyworkers, peer mentors, support groups and workshops</li> </ul>	Referrals from NPS, LAs, health providers, voluntary sector agencies and self-referrals	
<ul> <li>Working Chance:</li> <li>Employability support – CV and interview support and assistance to find careers that suit skills, aspirations and needs</li> </ul>	Agencies and self-referrals via email referral@workingchance.org	

### **Barriers**

1<sup>st</sup> service used is usually probation and many ex-offenders do not feel supported well – sets low expectations

### <u>Homelessness</u>

Services	Access Point	
Crisis:	Self-approach by phone or in-person	- Co
<ul> <li>Support with housing and employment</li> <li>Skills workshops and group activities</li> <li>Hotel placements and day centres at Christmas</li> </ul>	Referrals from agencies	le a: re
<ul> <li>St Mungo's:</li> <li>Outreach</li> <li>Hostels, shelters and supported accommodation provider</li> <li>Advice and skills training/employment support</li> </ul>	Streetlink referral	w - Co do ci
<ul> <li>Depaul:</li> <li>Nightstop: volunteer hosts for people aged 16-25 in London experiencing homelessness</li> <li>Support accommodation provider</li> <li>Housing advice</li> </ul>	Self-referral 0207 9391 234 between 10am- 4pm Mon-Fri. Partner agency referrals also accepted <u>nightstop.london@depaulcharity.org.uk</u>	- Se si w - Di
<ul> <li>Groundswell:</li> <li>HHPA (Homeless Health Peer Advocacy) operates in neighbouring boroughs H&amp;F, K&amp;C, Westminster and Camden</li> <li>Progression programme supports people with experience of homelessness to participate in designing and delivering solutions ot homelessness whilst progressing their own lives</li> </ul>	Agency Referrals: <u>Referral and Service Request</u> <u>Form (alchemer.com)</u>	- SI
<ul> <li>Thames Reach:</li> <li>Supported hostel provider</li> <li>Outreach in City and Croydon. Pan-London Rapid Response and TfL outreach</li> <li>Brent Reach – partnered with EACH.</li> </ul>	Streetlink referral Brent Reach referral - 0203 617 8837	
<ul> <li>Brent:</li> <li>SHPS (Single Homeless Prevention Service) in partnership with Crisis</li> <li>Statutory homelessness assistance including casework and TA.</li> <li>SMART team within ASC for joint working</li> </ul>	Housing needs assessment application: <u>At risk</u> <u>of homelessness  Brent Council</u> or 020 8937 2000. Agencies can complete duty to refer <u>Duty to Refer   Brent Council</u> or request same- day assessment	
Caridon Foundation: <ul> <li>Supported accommodation provider (self-contained and shared)</li> </ul>	Homeless organisations/LAs can send referral form and risk assessment to info.brent@caridonfoundation.org	

#### **Barriers**

Council assessment under housing egislation means some are denied assistance. Number of people requesting assistance means very long wait times. Council assistance requires provision of documents as evidence of circumstances which is often hard to obtain or may put women at risk. Services tend to focus on families or single men – little provision for single women Digital exclusion Shortage of accommodation + rising

ent prices