

Appendix 5 - Care and support needs checklist to help you identify if the person requires any additional support from adult social care

Care and support needs	Yes	No	Unsure	Comments
<p>Can the person manage and maintain a nutritious diet?</p> <p>Has the service user lost weight recently?</p> <p>Does the person have access to food? (Increased use of food banks could be a sign of financial exploitation. Check to see if the person is receiving benefits.)</p>				
<p>Manage toilet needs – does the person have access to their bathroom at home?</p> <p>Can the person go to the toilet unaided?</p>				
<p>Personal hygiene – have you seen a decline in the person’s hygiene?</p> <p>Do they have access to toiletries?</p>				
<p>Is the person able to make use of the home safely for example, use electrical items such as making a cup of tea and using the stairs.</p>				
<p>Maintaining a habitual home environment.</p> <p>Is the property maintained in a consistent manner for that person or have you seen deterioration or changes in the environment that could cause concern?</p>				

If the person answers no to any of the above, they may have care and support needs, and the local authority should accept the referral and make further enquiries under the Care Act 2014 in England (Part1), Social Services and Well-being (Wales) Act 2014 (Part 7), and in Scotland: Adult Support and Protection (Scotland) Act 2007 (Part1).

If the person is unable to communicate, retain information, understand the information available to them, then you will need to also request a Mental Health Assessment under the Care Act 2014 in England (Part1), Social Services and Well-being (Wales) Act 2014 (Part 7), and in Scotland: Adult Support and Protection (Scotland) Act 2007 (Part1) to establish if the person has capacity.